



2016 Take a Leap Baltimore County Dance Celebration

* Free Ballroom Dance Lessons for Beginners *

Saturday, February 20, 2016

Welcome to the wonderful world of ballroom dancing! Great for the mind, great for the body and great for the spirit - dance is a fun, social and creative way to stay active and healthy. It can improve your strength, flexibility, posture and balance. It can enhance body awareness and coordination. And it can help boost confidence and self esteem. Try our classes for free and unleash your inner star! No partner necessary. Pre-registration required.

Please send your completed registration form to: Atlantic Ballroom
8819 Orchard Tree Lane
Towson, Maryland 21286
atlanticballroom@aol.com

Questions? Call 410-825-5483 (JIVE)

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Registration Form

		<u>Number</u>
10:00 am	Introduction to Ballroom Dancing (Adult*)	_____
10:45 am	Introduction to Latin Dancing (Adult*)	_____
11:30 am	Introduction to Ballroom Dancing for Kids (Ages 4-11)	_____
12:15 pm	Introduction to Ballroom Dancing (Adult*)	_____
1:00 pm	Introduction to Latin Dancing (Adult*)	_____
1:45 pm	Introduction to Ballroom Dancing for Kids (Ages 4-11)	_____

* Includes Kids Ages 12 and up

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Cell _____

Email _____